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## \*\*\*\*PRESS RELEASE\*\*\*\*

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## ARTISTS WTH AUTISM AND OTHER DEVELOPMMENTAL DISABILITIES TO HAVE SCULPTURES ON EXHIBIT AT LONG ISLAND LIBRARY

OLD BETHPAGE, NY – Today, Family Residences and Essential Enterprises (FREE) announced that artists participating in their Fine Art and Art Therapy Programs will have their sculptures exhibited at the Half Hollow Hills Library at 55 Vanderbilt Pkwy in Dix Hills, NY. The exhibit, "Landscape Constructions" runs from November 1<sup>st</sup>, 2016 – November 30<sup>th</sup>, 2016.

Where: Half Hollow Hills Library 55 Vanderbilt Pkwy Dix Hills, NY

When: November 1 – November 30 Hours of Operation Mon-Friday: 9:30 AM - 9:00 PM Saturday: 9:30 AM - 5:00 PM Sunday: 12:00 PM - 5:00 PM

All are encouraged to view the works and perhaps purchase a piece. The proceeds of sales go towards supporting the artist and her program.

FREE, a leader in the field of human services dedicated to helping individuals of all abilities realize their full

potential believes that Art Therapy provides a powerful means for healing and communication for anyone, but especially for people who find it difficult to express their thoughts and feelings through spoken words alone.

**"Landscape Constructions"** was their first professionally juried competition of artwork created by the Artists of FREE. Over one hundred fifty pieces were vigorously created over a six month period for this year's collection. One hundred and six qualifying pieces were put before an esteemed panel of judges from the New York art and business community as the finalists. Fifty three Landscape Constructions were selected by the judges. The collection consists of two tiers of excellence, with Tier One containing the first through third place winners, seven pieces awarded with honorable mention and the next best fifteen pieces.

Tier Two contains the remaining twenty eight works. The wide ranging depictions of sky, land, water and other natural elements are interpreted through three styles of art. Realistic, impressionistic, and abstract multi- media constructions were created with some artists making up to six renditions to arrive at their final submission.

The artists represented are the finalists whose quality of work "rose high enough" to have garnered entrance into this prestigious collection. Their courage and strength led them down the challenging path of self-revelation and allowed them to "talk to us" through the hidden language of images, colors and symbols.

While the artwork is beautiful to look at it is important to recognize the incredible depth of emotional release that took place over months of work with all of our dedicated staff. It was their patience and unerring commitment to "stay the course" and believe that our artists could reach high to not only "see their healing image", but also commit it to permanent form for all to share in their vision.

Over the years much has been written about the healing power of art as therapy and the creative process of spiritual self-expression, especially for individuals who may find it difficult to express their thoughts and feelings through spoken words alone. The images on view are a testament to this healing power, as our artists have embraced feelings of trust, hope and resolution, offering them an alternative to conflict and fear, which unfortunately characterizes much of the consciousness present in our world today.

## Family Residences and Essential Enterprises, Inc.

Family Residences and Essential Enterprises, Inc. (FREE), founded in 1977, benefits and proudly supports more than 4,000 individuals with intellectual/developmental disabilities, mental illness and traumatic brain injury. It is the mission of FREE to assist individuals of all abilities realize their full potential. FREE provides a diverse array of supports and services including: housing; recovery services; transition to work; employment; day, community and family services; respite; crisis services; education and after school support; specialty health services; and advocacy.

FREE also collaborates with a variety of diverse 501(c)(3) nonprofit partners on educational, vocational, rehabilitative and a myriad of other creative initiatives to enhance the local communities and the lives of more than 25,000 people that reside within them. Each of the valued partners of the Family of FREE Network have a unique mission, vision and strategic goals that are aligned in purpose, and embody the spirit of the meaningful work we do every day.