

### Family Residences and Essential Enterprises, Inc. (FREE)

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# FAMILY RESIDENCES AND ESSENTIAL ENTERPRISES, INC. CELEBRATES 37 YEARS OF QUALITY SERVICE TO INDIVIDUALS WITH DISABILITIES

## 37<sup>TH</sup> ANNIVERSARY CELEBRATION OF LIFE GALA RECOGNIZES ACHEIVEMENTS IN YOUTH SERVICES

Old Bethpage, NY – On Friday October 24<sup>th</sup>, Family Residences and Essential Enterprises (FREE) will hold their 37<sup>th</sup> Anniversary Celebration of Life Gala, Celebrating Youth Services, at Carlyle on the Green in Farmingdale, NY. The event is being hosted by the National Foundation for Human Potential and they will be honoring Samantha Miller, Ph.D., of the Zeitgeist Foundation with the 2014 Pioneer Award. In addition, FREE will unveil their latest collaboration with The LENZ Winery, a wine label featuring art designed by Laura Levy an artist supported by FREE, which will be featured on a 2011 Cabernet Sauvignon. The event will also feature the launch of FREE COO Dr. Christopher Long's highly anticipated book *Swimming in a Pool of Peanut Butter*, a book written from the perspective of children with ADHD.

#### Where:

Carlyle on the Green Bethpage State Park 99 Quaker Meeting House Road, Farmingdale, NY 11735

When:

7:00 p.m. – Cocktails 8:00 p.m. – Dinner Friday, October 24, 2014

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Mistress of Ceremonies for the event will be Emmy Award winning reporter from WABC channel 7 Eyewitness News, Kristin Thorne.

The event's honoree, Dr. Samantha Miller, is a licensed Clinical Psychologist in both New York and Texas with expertise in providing clinical services to children and adolescents with disruptive behavior, depression, and anxiety, providing behavioral parent training and interventions for families affected by violence and children in foster care. For years, she has worked with key organizations and has served as a Member of the Board for the Zeitgeist Foundation, whose mission is to serve and empower the underserved - people, animals, and the environment alike.

The Zeitgeist Foundation also supports programs that serve Youth in Foster Care and provides them with the tools needed for a successful transition into adulthood. To that end they have presented FREE with a grant that will allow them to provide work readiness/personal development workshops as well as launch a mentoring program for these young people. The workforce program which was implemented, in partnership with the Zeitgeist Family Foundation, will allow FREE to provide boys and girls with a firm commitment to, and understanding of, their place in what is fast becoming an international employment base.

The LENZ Winery, one of Long Island's oldest and most prestigious North Fork vineyards, has long been a supporter of FREE. They have hosted a number of showcases for artwork created by members of FREE's art program. The latest collaboration between The LENZ Winery and FREE is a wine label featuring art designed by Laura Levy, an artist supported by FREE, which will be featured on a 2011 Cabernet Sauvignon. The label is based on a self-portrait created by Laura. The full piece, a 7 ½ ft. by 10 ½ ft. painting, is on permanent display at an RXR Realty property in Woodbury, Long Island

FREE COO Dr. Christopher Long's highly anticipated book *Swimming in a Pool of Peanut Butter*, is written from the perspective of children with ADHD. Identifying, nurturing and appreciating the positive attributes of ADHD can empower a child to accomplish the extraordinary. Despite the many obstacles children with ADHD face each day, we can benefit from pausing, allowing the voice of children to inform us! *Swimming in a Pool of Peanut Butter* is an inspiring book that offers a perspective that we must all consider. All proceeds from the book will benefit the Family of FREE Network Youth Services.

#### About Family Residences and Essential Enterprises, Inc. (FREE)

Family Residences and Essential Enterprises, Inc. (FREE) founded in 1977 and headquartered in Old Bethpage, benefits and proudly supports more than 3,500 individuals with intellectual disabilities, mental illness and traumatic brain injury. It is the mission of FREE to help individuals of all abilities realize their full potential. FREE provides a diverse array of supports and services including: housing, recovery services, transition to work, employment, day, community and family services, respite, crisis services, education and after-school support, primary and specialty health care and advocacy. For more information, please call 516-870-7000 or visit www.familyres.org.

#### About the National Foundation for Human Potential

The mission of the National Foundation for Human Potential is to promote, develop and encourage educational and support services for children and adults with different abilities through financial and other means of support. To meet that purpose, the Foundation raises funds and provides contributions and grant awards to organizations, which build communities.