

### Family Residences and Essential Enterprises, Inc. (FREE)

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# \*\*\*MEDIA ADVISORY\*\*\*

FOR IMMEDIATE RELEASE: July 17, 2018

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\*\*\*Great Visuals: Angel Athenas will be Discussing the Importance of Her Accomplishments at the 2018 Special Olympics \*\*\*

# RECORD BREAKING, 4-TIME GOLD MEDAL WINNING, SPECIAL OLYMPIAN TO BE HONORED WITH HERO'S WELCOME

FREE To Be Joined By State, County, And Local Leaders To Honor Angel Athenas For Her Record Breaking Performance At The 2018 Special Olympics

**Old Bethpage, NY** – On Thursday, July 19<sup>th</sup>, at 10:30 a.m., Family Residences and Essential Enterprises, Inc. (FREE), is proud to announce that they will be holding a "Hero's Welcome" at their Old Bethpage headquarters for their record breaking, 4-time gold medal winning, 2018 Special Olympian, Angel Athenas. Angel won 4 gold medals in powerlifting at the 2018 Special Olympics in Seattle, WA. Prior to her feats in Seattle, Angel broke the women's deadlifting record at the 2018 New York Special Olympics in Albany. FREE will be welcoming State, County, and local leaders in recognizing Angel for all her hard work, and for showing the world that being differently-abled does not mean you are not able.

#### When:

10:30 a.m. to 11:30 a.m. Thursday, July 19, 2018

#### Where:

Family Residences and Essential Enterprises, Inc. (FREE)
191 Bethpage-Sweet Hollow Road
Old Bethpage, NY 11804

As part of the festivities, there will be performances by the award-wining Free Players Drum & Bugle Corps and the FREE Ensemble, the latter of which Angel is a member.

## Family Residences and Essential Enterprises, Inc. (FREE)

Family Residences and Essential Enterprises, Inc. (FREE), founded in 1977, benefits and proudly supports more than 4,000 individuals with intellectual/developmental disabilities, mental illness and traumatic brain injury. It is the mission of FREE to assist individuals of all abilities realize their full potential. FREE provides a diverse array of supports and services including: housing; recovery services; transition to work; employment; day, community and family services; respite; crisis services; education and after school support; specialty health services; and advocacy.

FREE also collaborates with a variety of diverse 501(c)(3) nonprofit partners on educational, vocational, rehabilitative and a myriad of other creative initiatives to enhance the local communities and the lives of more than 25,000 people that reside within them. Each of the valued partners of the FREE Network has a unique mission, vision and strategic goals that are aligned in purpose, and embody the spirit of the meaningful work we do every day. For more information, please call 516-870-7000 or visit <a href="www.familyres.org">www.familyres.org</a>.