



Family Residences and Essential Enterprises, Inc. (FREE)
191 Bethpage-Sweet Hollow Road, Old Bethpage, NY 11804
Phone: 516-870-1600 Fax: 516-870-1660

******PRESS RELEASE******

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CONTACT: Patrice Radowitz, Tel: [516-870-1621](tel:516-870-1621)/Cell: [631-553-7432](tel:631-553-7432)
Email: pradowitz@familyres.org

Andy Robles: 516-603-0447
Email: familyres.free@gmail.com

**FANCY FREE WELCOMES INSPIRATIONAL SINGER WITH
MUSCULAR DYSTROPHY**



Tabi at Sidewalk Cafe

Old Bethpage, NY – Family Residences and Essential Enterprises, Inc. (FREE) invites everyone to join them for “An Evening with Tabi” at Fancy FREE Gift Boutique on Thursday, May 4th, 2017. Doors open at 6:00 p.m. with special 25% off sales and the show begins at 7:00 p.m. Fancy FREE is located at 248 Main Street in Farmingdale, NY.

More...

When:
Thursday, May 4, 2017
Doors: 6:00 p.m.
Show: 7:00 p.m.

Where:
Fancy FREE Gift Boutique
248 Main Street
Farmingdale, NY

Tabi Estrellado is a singer-songwriter and disability advocate. Tabi was born with Muscular Dystrophy, which causes the weakness she has in her muscles and her limited mobility. She started singing at an early age for fun and as a way of exercising her lungs and diaphragm. Her love for music and helping inspire others like herself led Tabi to songwriting and performing.

Tabi was the opening performer at the first ever Annual NYC Disability Pride Parade in 2015 to celebrate the ADA's 25th anniversary. In 2016, Tabi had her own show at the New York Public Library titled, "A Concert on Life, Love, and Being Different". She has performed at stadiums like the Prudential Center, as well as at NYC's legendary Bitter End and Sidewalk Café. One of her songs, "Make A Muscle", was written for the Muscular Dystrophy Association and has since become the anthem at her local chapter.

Tabi volunteers regularly with various organizations including MDA and Learning Ally. She initiated accessibility changes in New York City, including at MTV and Schimmel Theatre (home of Bravo's Inside the Actor's Studio). Tabi also helped found the employee resource group ENABLE at New York Life about the topic of disability to raise awareness and work towards a more diverse and inclusive environment.

Fancy FREE Gift Boutique offers employment opportunities for differently-abled people and sells handcrafted and personalized items for all types of special occasions, including great gifts for the holiday seasons. Proceeds from sales at Fancy FREE help to provide hands-on training and employment opportunities to many of the individuals with intellectual disabilities, mental illness and traumatic brain injury that FREE is proud to serve. Fancy FREE reminds folks to "make a purchase, change a life."

Family Residences and Essential Enterprises, Inc. (FREE)

Family Residences and Essential Enterprises, Inc. (FREE), founded in 1977, benefits and proudly supports more than 4,000 individuals with intellectual/developmental disabilities, mental illness and traumatic brain injury. It is the mission of FREE to assist individuals of all abilities realize their full potential. FREE provides a diverse array of supports and services including: housing; recovery services; transition to work; employment; day, community and family services; respite; crisis services; education and after school support; specialty health services; and advocacy.

FREE also collaborates with a variety of diverse 501(c)(3) nonprofit partners on educational, vocational, rehabilitative and a myriad of other creative initiatives to enhance the local communities and the lives of more than 25,000 people that reside within them. Each of the valued partners of the FREE Network has a unique mission, vision and strategic goals that are aligned in purpose, and embody the spirit of the meaningful work we do every day. For more information, please call 516-870-7000 or visit www.familyres.org.